

MARIA RITA SERGI

Curriculum Vitae

Place Chieti

Date 02.10.2025

Part I – General Information

Full Name	MARIA RITA SERGI
Date of Birth	30.01.1985
Place of Birth	MAGLIE
Citizenship	IT
Permanent Address	Via Marino da Caramanico, 4B CHIETI
Mobile Phone Number	320-1485432
E-mail	mariaritasergi@libero.it
Spoken Languages	Italian and English

Part II – Education

Type	Year	Institution	Notes (Degree, Experience,...)
University graduation	2007	University of “G. d’Annunzio” – Chieti (Italy)	B.D. in Psychological Science. University of “G. d’Annunzio”– Chieti (Italy).
University graduation	2009	University of “G. d’Annunzio” – Chieti (Italy)	M.D. in Psychology. Thesis title: Study of the dimensionality of self-reported depression (PSIC-01/C)
PhD	2011-2013	University of “G. d’Annunzio” – Chieti (Italy)	PhD in Functional Neuroimaging: from molecular biology to cognitive science - XXVI Cycle. Dissertation title: A psychometric and biological study of Emotional Intelligence (PSIC-01/C).
Post-graduate studies	2016	Centro di Psicologia Clinica, Pescara (Italy)	Postgraduate Certificate in Cognitive Behavioural Therapy, officially recognized by the MIUR with D.M. n° 214 of November 16, 2000.

Part III – Appointments

IIIA – Academic Appointments

Start	End	Institution	Position
01.04.2024	present	University of Chieti (Italy)	Research Fellow- Department of Psychology SSD: PSIC-01/C. Title: "Evaluation of the psychopathological, cognitive, and contextual determinants of well-being in aging."
01.01.2021	31.12.2023	University of Chieti (Italy)	Research Fellow- Department of Medicine and Aging Sciences SSD: PSIC-01/C. Title: "Meta-analysis techniques for identifying effective psychological therapies."
12.12.2023	present		National Scientific Qualification as associate professor for the disciplinary field of 11/E1 - General psychology, psychobiology and psychometrics.

IIIB – Other Appointments: EDITORIAL ACTIVITIES

Start	End	Institution	Position
May 2025	present	BMC Psychology	Editorial Board Membership
July 2025	present	Brain Sciences. Special Issue Title: Applications of Cognitive Behavioral Therapy in Mental Disorders ISSN: 2076-3425.	Guest Associate Editor
July 2025	present	Sustainability. Special Issue Title: Psychological Well-being from the Perspective of Sustainable Development: Second Edition ISSN: 2071-1050.	Guest Associate Editor
January 2023	present	Sustainability. Special Issue Title: Psychological Well-being from the Perspective of Sustainable Development ISSN: 2071-1050.	Guest Associate Editor
February 2023	present	Societies. Special Issue Title: "Health Psychology and Psychological Health in Contemporary Society" ISSN: 2075-4698.	Guest Associate Editor
February 2023	present	International Journal of Environmental Research and Public Health. Special Issue Title: Influence of Parenting Styles on Children's Mental Health. ISSN: 1660-4601	Guest Associate Editor
December	present	Humanities & Social Sciences	Associate Editor

2022		Communications ISSN: 2662-9992.	
September 2022	present	Frontiers in Psychology. Special Issue Title: evidence-based Approaches in Psychotherapeutic Treatments: Meta-analyses and Reviews Studies ISSN: 1664-1078.	Guest Associate Editor
December 2021	present	Specialty section of Frontiers in Psychology and Frontiers in Applied Mathematics and Statistics ISSN: 1664-1078.	Review Editor
January 2023	present	MDPI journals: Healthcare (ISSN: 2213-0772), Behavioral Sciences (ISSN: 2076-328X), International Journal of Environmental Research and Public Health (ISSN: 1660-4601), Societies (ISSN: 2075-4698).	Review Editor

IIIC – Other Appointments: ORAL PRESENTATIONS AND POSTERS ON NATIONAL AND INTERNATIONAL CONGRESSES

Date	Title	Event	Contribution
Olanda, 7-9/06/2010	TEATE DEPRESSION INVENTORY: A RASCH DERIVED SELF-REPORT INVENTORY OF DEPRESSION.	I°International Association for Computerized Adaptive Testing	Poster Autori: Balsamo M., Sergi M. R., Saggino A, Giampaglia G.
Istanbul, 2-5/06/2011	PERSONALITY AND DEPRESSION: EVIDENCE OF A MEDIATING ROLE FOR ANGER TRAIT.	7° Congresso Internazionale di Psicoterapia Cognitiva	Poster Autori: Balsamo, M., Sergi, M. R., Macchia, A.
Istanbul, 2-5/06/2011	VALIDATION AND STANDARDIZATION OF THE TEATE DEPRESSION INVENTORY.	7° Congresso Internazionale di Psicoterapia Cognitiva	Oral communication Autori: Balsamo, Michela, Macchia, Antonella, Sergi, Maria Rita, Saggino, Aristide
Catania, 14-16/09/2011	VALIDAZIONE E STANDARDIZZAZIONE DEL TEATE DEPRESSION INVENTORY: RISULTATI PRELIMINARI.	AIP - Associazione Italiana di Psicologia	Oral communication Autori: Balsamo Michela, Sergi Maria Rita, Romanelli Roberta, Saggino Aristide
Firenze, 9-10/03/2012	MEASUREMENT OF EMOTIONAL INTELLIGENCE: A CRITICAL REVIEW.	I° Conferenza Internazionale sull'intelligenza emotiva: modelli	Oral communication Saggino Aristide e Sergi Maria Rita

		teorici e prassi operative nei luoghi di lavoro e nelle scuole	
Montesilvano, 25-28/10/2012	IL RUOLO DELLA RUMINAZIONE DEPRESSIVA E DELLA PREOCCUPAZIONE NELL'EVITAMENTO ESPERIENZIALE.	XVI National Congress of Behavioural and Cognitive Therapy	Oral communication Autori: Macchia Antonella, Balsamo Michela, Sergi Maria Rita, Saggino Aristide, Picconi Laura e Marco Tommasi
Montesilvano, 25-28/10/2012	STANDARDIZZAZIONE E VALIDAZIONE DEL TEATE DEPRESSION INVENTORY.	XVI National Congress of Behavioural and Cognitive Therapy	Oral communication Autori: Balsamo Michela, Macchia Antonella, Sergi Maria Rita, Saggino Aristide
Montesilvano, 25-28/10/2012	COSA MISURA EFFETTIVAMENTE LO STATE-TRAIT ANXIETY INVENTORY?	XVI National Congress of Behavioural and Cognitive Therapy	Oral communication Autori: Balsamo Michela, Sergi Maria Rita (PRESENTING AUTHOR), Romanelli Roberta, Ciccarese Gabriele, Macchia Antonella e Saggino Aristide
Montesilvano, 25-28/10/2012	EYSENCK PERSONALITY PROFILER (VERSIONE BREVE): ASPETTI PSICOMETRICI E CONTRIBUTO ALLA TARATURA ITALIANA.	XVI National Congress of Behavioural and Cognitive Therapy	Oral communication Autori: Sergi Maria Rita (PRESENTING AUTHOR), Saggino Aristide e Picconi Laura
Padova, 20-22/06/2013	THE ASSESSMENT OF EMOTIONAL INTELLIGENCE AND ITS RELATIONSHIP WITH PERSONALITY AND INTELLIGENCE.	Conferenza Internazionale: Life Design- Installare la Speranza e fortificare la Resilienza	Oral communication Autori: Sergi M.R (PRESENTING AUTHOR), Picconi L., Romanelli R., Saggino A.
Roma, 16-17-18/09/2013	EMOTIONAL QUOTIENT INVENTORY SHORT FORM: PROPRIETA' PSICOMETRICHE DELLA VERSIONE ITALIANA.	AIP- Associazione Italiana di Psicologia	Oral communication Autori: Sergi Maria Rita (PRESENTING AUTHOR), L. Picconi, R. Romanelli, Balsamo, A. Saggino

Milano, 31 Maggio-3 Giugno 2014	ASSOCIATION BETWEEN 5-HTT GENOTYPE AND SEXUAL BEHAVIOR TRAITS IN HEALTHY FEMALE SUBJECTS.	European Human Genetics Conference	Poster Autori: Cieri F., Sergi M.R., Balsamo M., Franzago M., D'Onofrio L., Grilli A., Picconi, L., Tommasi, M., Saggino A., Gatta V., Stuppia L.
Milano, 31 Maggio-3 Giugno 2014	ASSOCIATION BETWEEN BDNF VAL66MET GENOTYPE AND SEXUAL BEHAVIOR TRAITS IN HEALTHY FEMALE SUBJECTS.	European Human Genetics Conference	Poster Autori: M. Franzago, Sergi M.R., Cieri F., M. Balsamo, L. D'Onofrio, A. Grilli, A. Saggino, V. Gatta, L. Picconi, M. Tommasi, L. Stuppia.
Milano, 31 Maggio-3 Giugno 2014	ASSOCIATION BETWEEN COMT VAL158MET GENOTYPE AND SEXUAL BEHAVIOR TRAITS IN HEALTHY FEMALE SUBJECTS.	European Human Genetics Conference	Poster Autori: D'Onofrio L., Cieri F., Sergi M.R., Balsamo M., Picconi, L., Tommasi, M., Franzago M., D'Onofrio L., Grilli A., Saggino A., Stuppia L., Gatta V.
Pavia, 13- 15/11/2014	IL RUOLO DEL MECCANISMO ANTI-OSSIDANTE NELL'INTELLIGENZA EMOTIVA.	XVI Congresso Nazionale Orientamento alla Scelta	Oral communication Autori: Saggino A., Sergi M.R. (PRESENTING AUTHOR) , Pesce M., Balsamo M., Picconi L., Tommasi M., Carrieri A., Cataldi F., Ferrara G., Grilli A.
Pavia, 13- 15/11/2014	IL RUOLO DELL'INTELLIGENZA EMOTIVA NEL SUCCESSO SCOLASTICO: UNO STUDIO COMPARATIVO.	XVI Congresso Nazionale Orientamento alla Scelta	Oral communication Autori: Sergi M.R. (PRESENTING AUTHOR) , Balsamo M., Macchia A., Picconi L., Tommasi M., Devastato M.D., Saggino A.
Torino, 24- 26/09/2015	CARATTERISTICHE PSICOMETRICHE DELLA VERSIONE ITALIANA DELLO	XVII National Congress of Behavioural and	Oral communication Autori: Sergi M.R. (PRESENTING

	YOUNG SCHEMA QUESTIONNAIRE-L3	Cognitive Therapy	AUTHOR), Balsamo, M., Carlucci, L., Da Fermo, G., D'Ambrosio, I., Dettore, D., Ferramosca, G., Ferrara, G., Gatta, A., Marsigli, M., Petrucelli, I., Pizzo, S., Verrastro, V. e Saggino, A
Torino, 24- 26/09/2015	MBCM MINDFULNESS BASED CARDIOPATY MANAGEMENT	XVII National Congress of Behavioural and Cognitive Therapy	Oral communication Autori: A. Di Berardino, D. Garozzo, E. Belfiglio, M.R. Sergi, L. Zoppo, G. Ferramosca, C. Di Berardino
Torino, 24- 26/09/2015	VALIDAZIONE DELLA CHILD AND ADOLESCENT MINDFULNESS MEASURE: DATI PRELIMINARI	XVII National Congress of Behavioural and Cognitive Therapy	Oral communication Autori: Bartoccini, A., Macchia, A., Carlucci, L., Sergi, M.R., ROMANELLI, R., ROTONDO, S. e SAGGINO, A.
Milano, 24- 25/06/2016	GENDER DIFFERENCE IN EMOTIONAL INTELLIGENCE.	12° Conferenza Internazionale Applied Behavior Analysis	Poster Autori: Maria Rita Sergi, Marco Tommasi, Michela Balsamo, Laura Picconi, Aristide Saggino
Belfast, 9- 11/11/2021	THE ASSESSMENT OF POST- PARTUM DEPRESSION: A NEW ITALIAN MEASURE IN A PREGNANT SAMPLE	50th EABCT Congress	Oral communication Autori: Sergi, MR. (PRESENTING AUTHOR) , Anchora, L., Anchora., L, Saggino, A.
Naples, 30 September-2 October, 2022	ASSESSMENT E PREDIZIONE DELLA DEPRESSIONE ANTENATALE: UNO STUDIO PILOTA.	XVIII National Congress of Behavioural and Cognitive Therapy	Oral communication Autori: Maria Rita Sergi (PRESENTING AUTHOR) , Marco Tommasi, Laura Picconi, Michela Balsamo, Lavinia Anchora, Aristide

			Saggino.
Naples, 30 September-2 October, 2022	LE RIPERCUSSIONI PSICOLOGICHE DELLA DAD DURANTE LA PANDEMIA DA COVID-19. VALIDAZIONE DI UN NUOVO STRUMENTO DI ASSESSMENT.	XVIII National Congress of Behavioural and Cognitive Therapy	Oral communication Autori: Maria Rita Sergi (PRESENTING AUTHOR) , Laura Picconi, Marco Tommasi, Ramona Bongelli, Aristide Saggino, Alessandra Fermani
Foggia, 18-20 Aprile 2024	Multigroup Confirmatory Factor Analysis of the Perceived Quality of Distance Learning.	First International Conference on Inclusion, Communication and Social Engagement	Oral communication Autori: Maria Rita Sergi (PRESENTING AUTHOR) , Michela Balsamo, Laura Picconi, Alessandra Fermani, Ramona Bongelli, Aristide Saggino, Marco Tommasi.
Bari, 27-29 Settembre 2023	Le ripercussioni psicologiche della didattica a distanza durante la pandemia da coronavirus (covid-19): validazione di un nuovo strumento di assessment	IX CONGRESSO NAZIONALE AIPP - “MIND THE GAP: l’intervento precoce tra continuità evolutiva, discontinuità diagnostiche e multiculturalità”	Oral communication Autori: Maria Rita Sergi (PRESENTING AUTHOR), Laura Picconi, Marco Tommasi, Chiara Di Marcantonio, Ramona Bongelli, Aristide Saggino, Michela Balsamo, Alessandra Fermani
Lucca, 18-20 Settembre 2023	Caratteristiche del gusto ed effetti stimolanti e sedativi del vino biologico	XXIX AIP- Associazione Italiana Psicologia	Poster Autori: Marco Tommasi, Simone Arnò, Maria Rita Sergi, Chiara Di Marcantonio, Aristide Saggino
Firenze, 11- 13 Aprile 2024	MYNDCOG: Un’app innovativa per il training cognitivo computerizzato in età adulta.	24° CONGRESSO Associazione Italiana Psicogeriatría	Poster Autori: Carlotta Zanobini, Ilenia Natola, Saverio Ottino, Katia Pinto, Claudia Chiapparino, Claudia Lograno, Doriana Santoro, Fabrizio Lattanzio, Maria Rosaria

			Liscio, Sara Confalonieri, Maria Rita Sergi
Chieti, 31 Maggio-01 Giugno 2024	Enhancing healthier lifestyles to promote effective solution for health and disease prevention in aging: assessing psychopathology, cognitive and contextual determinants	XI Convegno Nazionale di Psicologia dell'invecchiamento	Oral communication Autori: Maria Rita Sergi (PRESENTING AUTHOR) , Michela Balsamo, Rocco Palumbo, Gianpaolo Salvatore, Leonardo Carlucci
Firenze, 20 Giugno 2024	La validazione italiana del Body Appreciation Scale-2 attraverso l'Item Response Theory	Meeting scientifico di Psicometria: "La psicometria tra oggi e domani: sfide e nuovi orizzonti"	Oral communication Sergi, M.R. (PRESENTING AUTHOR)
Washington, D.C., 22-25 Maggio 2025	The role of psychopathology and cognitive determinant in aging: A preliminary study	APS Annual Convention	Poster Autori: Sergi, M.R., Bartolini, E., Di Crosta, A., Dattilo, L., D'ignazio, G., Marascia, E., Salvatore, G., Balsamo, M., Carlucci, L., & Palumbo, R.
Parma, 4- 6 Ottobre 2024	Il ruolo dell'ansia e della depressione nel Mild Cognitive Impairment: Una revisione di letteratura.	XIX Congresso Nazionale AIAMC- PSICOLOGIA, MEDICINA, PSICOTERAPIA	Poster Autori: Sergi, M.R., Palumbo, R., Salvatore, G., Carlucci, L., Balsamo, M., Dattilo, L., D'Ignazio, G.
Padova, 30 Maggio 2025	Declino cognitivo e salute mentale: il peso della psicopatologia negli anziani	XVIII Convegno SIPI	Poster Autori: Bartolini, E., Sergi, M.R., Di Crosta, A., D'ignazio, G., Turzillo, D., Properzi, G., Tesauro, M., Dattilo, L., Balsamo, M., Carlucci, L., & Palumbo, R.
Torino, 11-13 Settembre 2025	Validazione italiana del Depression, Anxiety and Stress Scales (DASS) in adulti anziani	XXXI Congresso dell'Associazione Italiana di Psicologia - Sezione Sperimentale	Poster Autori: Giorgia D'Ignazio, Leonardo Carlucci, Gianpaolo

			Salvatore, Rocco Palumbo, Maria Rita Sergi, Laura Dattilo, Michela Balsamo.
01 Ottobre 2025, Livorno	LE DETERMINANTI COMPORTAMENTALI DEL PERSONALE DELLA MARINA MILITARE NELLA CONOSCENZA E GESTIONE DEL PAZIENTE CON DEMENTIA	Giornata di informazione e sensibilizzazione sull'Alzheimer e le altre forme di demenza	Comunicazione orale. Autori: Aristide Saggino, Marianosaria Liscio, Chiara Di Marcantonio, Anna Credendino, Lorenzo Rondinini, Antonio Dondoli Poli, Marco Tommasi, Maria Rita Sergi

IIID – Other Appointments: ORGANIZATION OF SYMPOSIUM

Date	Event	Title
Naples, 30 September- 2 October, 2022	XVIII National Congress of Behavioural and Cognitive Therapy	Studi di meta-analisi e di review su approcci di intervento basati sull'evidenza scientifica nella CBT

Part IV – Teaching experience and Thesis Supervisor

Year	Institution	Lecture/Course
2021- present	Cognitive-Behavioral Specialization School, Center for the Study of Personality – Naples, recognized by the Italian Ministry of Education, University and Research (MIUR) with Ministerial Decree of August 2, 2012.	Professor at the Postgraduate School of Psychotherapy. Lectures on: Research Methodology and Psychological Assessment SSD: PSIC-01/C
2019- present	University of “G. d’Annunzio” – Chieti (Italy)	Teaching Assistant in Psychometrics II + EPG (10 Course Credit), Degree Course in Psychological Sciences and Techniques SSD: PSIC-01/C
2017- 2018	University of “G. d’Annunzio” – Chieti (Italy)	Adjunct Professor in Psychometrics II + EPG (10 Course Credit), Degree Course in Psychological Sciences and Techniques (80 hours), SSD: PSIC-01/C
2017- 2018	University of “G. d’Annunzio” – Chieti (Italy)	Adjunct Professor in Psychometrics I (8 Course Credit), Degree Course in Psychological Sciences and Techniques (64

		hours), SSD: PSIC-01/C
2016-2017	University of "G. d'Annunzio" – Chieti (Italy)	Adjunct Professor in Psychometrics II + EPG (10 Course Credit), Degree Course in Psychological Sciences and Techniques (80 hours), SSD: PSIC-01/C
2016-2017	University of "G. d'Annunzio" – Chieti (Italy)	Adjunct Professor in Psychometrics I (16 Course Credit), Degree Course in Psychological Sciences and Techniques (128 hours), SSD: PSIC-01/C
2015-2016	University of "G. d'Annunzio" – Chieti (Italy)	Adjunct Professor in Psychometrics II + EPG (10 Course Credit), Degree Course in Psychological Sciences and Techniques (80 hours), SSD: PSIC-01/C
2015-2016	University of "G. d'Annunzio" – Chieti (Italy)	Adjunct Professor in Psychometrics I (8 COURSE CREDIT), Degree Course in Psychological Sciences and Techniques (64 hours), SSD: PSIC-01/C
2014-2015	University of "G. d'Annunzio" – Chieti (Italy)	EPG Instructor (Guided Practical Exercises - 2 COURSE CREDIT) in Psychometrics II, Degree Course in Psychological Sciences and Techniques (16 hours), SSD: PSIC-01/C
2014-2015	University of "G. d'Annunzio" – Chieti (Italy)	Adjunct Professor in Psychometrics I (8 COURSE CREDIT), Faculty of Psychology, Degree Course in Psychological Sciences and Techniques (64 hours), SSD: PSIC-01/C
2014-2015	University of "G. d'Annunzio" – Chieti (Italy)	Adjunct Professor in Guided Practical Exercises in Research Methodology and Multivariate Data Analysis Techniques (2 COURSE CREDIT), Master's Degree in Psychology (16 hours), SSD: PSIC-01/C
2014-2015	University of "G. d'Annunzio" – Chieti (Italy)	Teaching Assistant and Member of the Examination Committee in Theories and Techniques of Testing, Degree Course in Psychological Sciences and Techniques SSD: PSIC-01/C
2014-2015	University of "G. d'Annunzio" – Chieti (Italy)	Teaching Assistant and Member of the Examination Committee in Data Analysis and Research Methodology, Degree Course in Psychology SSD: PSIC-01/C
2013-2014	University of "G. d'Annunzio" – Chieti (Italy)	EPG Instructor (Guided Practical Exercises - 2 COURSE CREDIT) in Psychometrics II, Degree Course in Psychological Sciences and Techniques (16 hours), SSD: PSIC-01/C
2013-2014	University of "G. d'Annunzio" – Chieti (Italy)	Teaching Assistant and Member of the Examination Committee in Psychometrics I, Degree Course in Psychological Sciences and Techniques, SSD: PSIC-01/C
2012-2013	University of "G. d'Annunzio" – Chieti (Italy)	EPG Instructor (Guided Practical Exercises - 2 COURSE CREDIT) in Psychometrics II,

		Degree Course in Psychological Sciences and Techniques (16 hours), SSD: PSIC-01/C
2015-2018	University of “G. d’Annunzio” – Chieti (Italy)	Thesis Supervisor for multiple Bachelor’s students in Psychological Sciences and Techniques. Teaching position in Psychometrics. SSD: PSIC-01/C

Part V - Society memberships, Awards and Honors

Year	Title
2025	Affiliate Member of the Psychotherapy Research-Italy Area-Group (SPR-IAG)
2025	Full Member of the European Association for Behavioural and Cognitive Therapies (EABCT)
2024	Affiliate Member of the Italian Psychological Society (AIP)
2024	Full Member of the Italian Society of Psychology of Aging (SIPI)
2011-PRESENT	Full Member of Associazione Italiana di Analisi e Modificazione del Comportamento - Italian Association for Behavior Analysis and Modification (AIAMC).
2023	13th Edition of International Research Awards on Science, Health and Engineering, Approved and Registered by Ministry of Corporate Affairs (MCA), Govt. of India, 2023
2022	International Young Scientist Awards, Approved and Registered by Ministry of Corporate Affairs (MCA), Govt. of India, 2022
2016	BEST POSTER AWARD Maria Rita Sergi, Marco Tommasi, Michela Balsamo, Laura Picconi, Aristide Saggino «Gender difference in emotional intelligence» 12 ^a Conferenza Internazionale di Applied Behavior Analysis “Cambiare il comportamento per migliorare la vita”, Milano, 24-25 giugno 2016.
2015	BEST POSTER AWARD Balsamo Michela, Maria Rita Sergi, Leonardo Carlucci, Nicholas Van Dam, Marco Innamorati, Aristide Saggino. Gli Schemi Maladattivi Precoci mediano la relazione tra co-ruminazione e ansia di tratto? Uno studio esplorativo su soggetti giovani? Al XVII Congresso AIAMC, (Associazione Italiana Analisi e Modificazione del Comportamento), Torino, 24-26 Settembre 2015.
2015	BEST POSTER AWARD Maria Rita Sergi, Angelo Carrieri, Laura Picconi, Michela Balsamo, Marco Tommasi e Aristide Saggino. Uno studio di genetica comportamentale e Intelligenza Emotiva con l’EQi al XVII Congresso AIAMC (Associazione Italiana Analisi e Modificazione del Comportamento), Torino, 24-26 Settembre 2015.
2012	BEST POSTER AWARD Sergi M.R., Picconi L., Balsamo M. e Saggino A. Il ruolo dell’intelligenza emotiva nell’ansia e nella depressione: Uno studio preliminare al XVI Congresso Nazionale AIAMC (Associazione Italiana Analisi e Modificazione del Comportamento), Montesilvano (Pescara), 25-28 ottobre 2012.

Part VI - Funding Information [grants as I-investigator]

Year	Title	Program	Grant value
Present	Enhancing healthier lifestyles to promote effective solution for health and disease prevention in aging: assessing psychopathology, cognitive and contextual determinants	PRIN: PROGETTI DI RICERCA DI RILEVANTE INTERESSE NAZIONALE – Bando 2022 PNRR	299.934
15/09/2011 – 15/09/2012	STUDIO PSICOMETRICO E NEURALE DELL'INTELLIGENZA EMOTIVA – A PSYCHOMETRIC AND EURAL STUDY OF EMOTIONAL INTELLIGENCE.	Fellowships for Research and Advanced Training– 2007/2013 European Social Fund	

Part VII – Research Activities

VIIA – Research Activities: PARTICIPATION IN RESEARCH GROUP ACTIVITIES WITH NATIONAL OR INTERNATIONAL COLLABORATIONS

Date	Institution	Title
2025	Research Group: Proff. Aristide Saggino and Marco Tommasi (University of Chieti), Mariarosaria Liscio (Psychologist and Psychotherapist), Lorenzo Rondinini e Antonio Dondoli Poli (Italian Navy).	Le determinanti comportamentali del personale della marina militare nella conoscenza e gestione del paziente con demenza. Resulting Conference Presentation: " Le determinanti comportamentali del personale della marina militare nella conoscenza e gestione del paziente con demenza." Authors: Aristide Saggino, Mariarosaria Liscio, Chiara Di Marcantonio, Anna Credendino, Lorenzo Rondinini, Antonio Dondoli Poli, Marco Tommasi, Maria Rita Sergi. <u>Oral presentation</u> . Information and Awareness Day on Alzheimer's Disease and Other Forms of Dementia, Livorno, October 1, 2025.
2024-present	Research Group: Prof. Balsamo and Prof. Palumbo (University of Chieti), Prof. Salvatore and Prof. Carlucci (University of Foggia).	Enhancing healthier lifestyles to promote effective solutions for health and disease prevention in aging: assessing psychopathology, cognitive, and contextual determinants. Resulting Conference Presentation: "Enhancing healthier lifestyles to promote effective solutions for health and disease prevention in aging: assessing

		psychopathology, cognitive, and contextual determinants." Authors: Maria Rita Sergi, Michela Balsamo, Rocco Palumbo, Gianpaolo Salvatore, Leonardo Carlucci. <u>Oral presentation</u>. XI National Congress on Aging Psychology, Chieti, May 31 - June 1, 2024. Il ruolo dell'ansia e della depressione nel Mild Cognitive Impairment: Una revisione di letteratura. Autori: Sergi, M.R., Palumbo, R., Salvatore, G., Carlucci, L., Balsamo, M., Dattilo, L., D'Ignazio, G. <u>Poster</u>. XIX Congresso Nazionale AIAMC-PSICOLOGIA, MEDICINA, PSICOTERAPIA. Parma, 4- 6 Ottobre 2024. The role of psychopathology and cognitive determinant in aging: A preliminary study. Autori: Sergi, M.R., Bartolini, E., Di Crosta, A., Dattilo, L., D'ignazio, G., Marascia, E., Salvatore, G., Balsamo, M., Carlucci, L., & Palumbo, R. <u>Poster</u>. APS Annual Convention, 22-25 Maggio 2025, Washington, D.C. Declino cognitivo e salute mentale: il peso della psicopatologia negli anziani. Autori: Bartolini, E., Sergi, M.R., Di Crosta, A., D'ignazio, G., Turzillo, D., Properzi, G., Tesauo, M., Dattilo, L., Balsamo, M., Carlucci, L., & Palumbo, R. <u>Poster</u>. XVIII Convegno SIPI, 30 Maggio 2025, Padova. Validazione italiana del Depression, Anxiety and Stress Scales (DASS) in adulti anziani. Autori: Giorgia D'Ignazio, Leonardo Carlucci, Gianpaolo Salvatore, Rocco Palumbo, Maria Rita Sergi, Laura Dattilo, Michela Balsamo. <u>Poster</u>. XXXI Congresso dell'Associazione Italiana di Psicologia - Sezione Sperimentale, Torino, 11-13 Settembre 2025.
2024-present	Research Group: Drs. Pinto, Chiapparino, Lograno, Santoro, Lattanzio (Alzheimer's Association Bari), Drs. Liscio and Confalonieri (Fondazione La Pelucca, Sesto San Giovanni, Milan).	Assessment of psychological well-being in aging. Resulting Conference Work: "MYNDCOG: An innovative app for computerized cognitive training in adulthood." Authors: Carlotta Zanobini, Ilenia Natola, Saverio Ottino, Katia Pinto, Claudia Chiapparino, Claudia Lograno, Doriana Santoro, Fabrizio Lattanzio, Maria Rosaria Liscio, Sara Confalonieri, Maria Rita Sergi. <u>Poster</u>. 24th Congress of the Italian Association of Psychogeriatrics, Florence, April 11-13, 2024.
2023	Research Group: Prof. Ebisch, Prof.	Study of bio-psycho-genetic aspects of

Perrucci, Prof. Tommasi, Prof. Saggino, Prof. Pesce, Prof. Grilli, Prof. Gatta, and Prof. Stuppia, Drs. Konstantinidou, Di Plinio, and Scalabrini (University of Chieti), Prof. Northoff (University of Ottawa), Prof. Mucci (University of Bergamo), Prof. Gallese (University of Parma).	intelligence, emotional intelligence, and personality characteristics. Resulting Publications: Di Plinio, S., Perrucci, M. G., Ferrara, G., Sergi, M. R., Tommasi, M., Martino, M., ... & Ebisch, S. J. (2025). Intrinsic brain mapping of cognitive abilities: A multiple-dataset study on intelligence and its components. <i>NeuroImage</i>, 309, 121094. Ebisch, S. J. H., Perrucci, M. G., Ferrara, G., Sergi, M. R., Tommasi, M., Martino, M. V., Saggino, A., & Di Plinio, S. (2023). Hierarchical brain organization supporting psychometric intelligence: a study combining network neuroscience, WAIS-IV, and Raven Progressive Matrices. <i>IBRO Neuroscience Reports</i>, 15, S833. Tommasi, M., Sergi, M. R., Picconi, L., & Saggino, A. (2023). The location of emotional intelligence measured by EQ-i in the personality and cognitive space: Are there gender differences? <i>Frontiers in Psychology</i>, 13, 8147. Ebisch, S. J., Scalabrini, A., Northoff, G., Mucci, C., Sergi, M. R., Saggino, A., ... & Di Plinio, S. (2022). Intrinsic shapes of empathy: functional brain network topology encodes intersubjective experience and awareness traits. <i>Brain Sciences</i>, 12(4), 477. Tommasi, M., Sergi, M. R., Konstantinidou, F., Franzago, M., Pesce, M., Grilli, A., Stuppia, L., Picconi, L., Saggino, A., & Gatta, V. (2021). Association of COMT, BDNF, and 5-HTT functional polymorphisms with personality characteristics. <i>Frontiers in Bioscience</i>, 26(11), 1064-1074. Pesce, M., Sergi, M. R., Rizzuto, A., Tatangelo, A., Tommasi, M., Picconi, L., Balsamo, M., Gatta, V., Stuppia, L., Siegling, A. B., Gokcen, E., Grilli, A., & Saggino, A. (2014). Association between the antioxidant network and emotional intelligence: A preliminary study. <i>PLOS ONE</i>, 9, 1-8. Study of meta-analysis on the efficacy of Telephone CBT vs. CBT. Resulting Publication in which Altieri and Sergi are co-authors: Altieri, M., Sergi, M. R., Tommasi, M., Santangelo, G., & Saggino, A. (2023). The efficacy of telephone-delivered cognitive behavioural therapy in people with chronic
2023 Research Group: Prof. Tommasi and Prof. Saggino (University of Chieti), Prof. Santangelo and Dr. Altieri (University of Caserta).	

		illnesses and mental diseases: A meta-analysis. <i>Journal of Clinical Psychology</i> , 1-32.
2022	Research Group: Prof. Picconi, Prof. Fairfield, and Drs. Cataldi, Padulo (University of Chieti), Drs. Brugnera, Parisi, Compare (University of Bergamo), Prof. Gottschling (University of Luxembourg), and Prof. Daniel L. Segal (University of Colorado).	Validation and standardization of the Geriatric Anxiety Scale Short Form (GAS-12). Resulting Publication: Picconi, L., Fairfield, B., Sergi, M. R., Cataldi, F., Padulo, C., Brugnera, A., ... & Segal, D. L. (2022). Development and Validation of a Short Form of the Geriatric Anxiety Scale (GAS-12) among Italian Older Adults. <i>Clinical Gerontologist</i> , 1-17.
2016	Research Group: Prof. Balsamo, Prof. Carlucci, and Prof. Saggino (University of Chieti), Prof. Murdock (Lexington, Virginia).	Measurement of Co-Rumination. Resulting Publications: Balsamo, M., Carlucci, L., Sergi, M. R., & Saggino, A. (2016). Validation of the Italian version of the Co-Rumination Questionnaire: Preliminary results. <i>Psicoterapia Cognitiva e Comportamentale</i> , 22(1), 13-34. Balsamo, M., Carlucci, L., Sergi, M. R., Murdock, K. K., & Saggino, A. (2015). The mediating role of early maladaptive schemas in the relationship between co-rumination and depression in young adults. <i>PLOS ONE</i> , 1-14.
2016-2018	Research Group: Prof. Carlucci, Prof. Balsamo, Prof. Fairfield, and Drs. Cataldi, Romanelli, D'Ambrosio (University of Chieti), Prof. Ree (University of Western Australia), and Prof. Watkins (Baylor University, Waco, TX).	Validation and Standardization of the State-Trait Inventory of Cognitive and Somatic Anxiety (STICSA). Resulting Publications: Michela Balsamo, Leonardo Carlucci, Maria Rita Sergi, Roberta Romanelli, Ines D'Ambrosio, Beth Fairfield, Melissa Ree and Aristide Saggino (2016). A new measure for trait and state anxiety: the State Trait Inventory of Cognitive and Somatic Anxiety (STICSA). Standardization in Italian population. <i>Psicoterapia Cognitiva e Comportamentale</i> , 22(2), 225-229. Carlucci, L., Watkins, M.W., Sergi, M. R., Cataldi, F., Saggino, A. & Balsamo, M. (2018). Dimensions of Anxiety, Age and Gender: Assessing Dimensionality and Measurement Invariance of the State-Trait for Cognitive and Somatic Anxiety (STICSA) in an Italian Sample. <i>Frontiers in psychology</i> , 9, 2345.
2017	Research Group: Prof. Saggino, Prof. Balsamo, Prof. Carlucci, and Prof. Tommasi (University of Chieti), Prof. Dèttore (University of Florence), Prof. Marsigli, Prof. Righini, and Prof.	Validation and Standardization of the Italian Version of the Young Schema Questionnaire L3. Resulting Publications: Saggino, A., Balsamo, M., Carlucci, L., Cavalletti, V., Sergi, M. R., da Fermo, G., ...

	Cavalletti (Institute of Behavioural and Cognitive Psychology, Florence), Prof. Petruccelli (University of Enna), Prof. Pizzo (Institute of Cognitive and Behavioural Therapy, Padova).	& Tommasi, M. (2018). Psychometric properties of the Italian version of the Young Schema Questionnaire L-3: Preliminary results. <i>Frontiers in Psychology</i>, 9, 312.
2017	Research Group: Bartoccini (Centre for Clinical Psychology, Pescara), Prof. Tommasi, Prof. Saggino, and Drs. Macchia and Romanelli (University of Chieti), Dr. Rotondo (Italian Institute of Mindfulness).	Saggino, A., Balsamo, M., Carlucci, L., Sergi, M.R., Da Fermo, G., Dettore, D., ... & Tommasi, M. (2017). Analysis of the factorial structure of the Italian version of the Young Schema Questionnaire L-3 in a clinical and non-clinical Italian sample: Preliminary results from a multicentric study. <i>Italian Journal of Psychology</i>, 44(2), 445-466. Validation and Standardization of the Italian Version of the Child and Adolescent Mindfulness Measure. Resulting Publications: Bartoccini, A., Sergi, M.R., Macchia, A., Romanelli, R., Tommasi, M., Rotondo, S., & Saggino, A. (2017). Study of the psychometric properties of the Italian version of the Child and Adolescent Mindfulness Measure (CAMM). <i>Cognitive and Behavioural Psychotherapy</i>, 23(1), 11-26. Saggino, A., Bartoccini, A., Sergi, M. R., Romanelli, R., Macchia, A., & Tommasi, M. (2017). Assessing Mindfulness on Samples of Italian Children and Adolescents: The Validation of the Italian Version of the Child and Adolescent Mindfulness Measure. <i>Mindfulness</i>, 8(5), 1364-1372.
2019-2021	Research Group: Prof. Vidotto and Prof. Spoto (Department of General Psychology, University of Padua); Prof. Picconi, Prof. Balsamo, Prof. Tommasi, and Prof. Saggino (University of Chieti).	Study on the Validity and Reliability of Emotional Intelligence Measurement Tools. Resulting Publications: Sergi, M.R., Picconi, L., Tommasi, M., Saggino, A., Ebisch, S.J., Spoto, A. (2021). The role of gender in the association among the Emotional Intelligence, anxiety and depression. <i>Frontiers in Psychology</i>, 12. Picconi, L., Sergi, M.R., Cataldi, F., Balsamo, M., Tommasi, M., & Saggino, A. (2019). Assessment tools for emotional intelligence in psychotherapy: a critical analysis. <i>Cognitive and Behavioral Psychotherapy</i>, 25(2), 165-186
2020-2023	Research Group: Prof. Alessandra Fermani (Department of Education Sciences, Cultural Heritage and Tourism) and Prof. Ramona Bongelli (Department of Political Science, Communication, and International Relations) (University of Macerata);	Psychological Impact During the COVID-19 Pandemic. Resulting Publications: Sergi, M. R., Picconi, L., Fermani, A., Bongelli, R., Lezzi, S., Saggino, A., & Tommasi, M. (2023). The Mediating Role of Positive and Negative Affect in the Relationship between Death Anxiety and

Prof. Picconi, Prof. Saggino, Prof. Balsamo, and Prof. Tommasi (University of Chieti).	Italian Students' Perceptions of Distance Learning Quality during the COVID-19 Pandemic. <i>Societies</i> , 13(7), 163.
	Sergi, M. R., Picconi, L., Saggino, A., Fermani, A., Bongelli, R., Tommasi, A. (2023). Psychometric properties of a new instrument for the measurement of the Perceived Quality of Distance Learning During the Coronavirus Disease 2019 (COVID-19) Pandemic. <i>Frontiers in Psychology</i> , 14,1169957
	Tommasi, M., Toro, F., Arnò, S., Carrieri, A., Conte, M.M., Devastato, M.D., Picconi, L., Sergi, M.R., Saggino, A. (2020). Physical and psychological impact of the obligatory quarantine for COVID-19 on Italians. <i>Frontiers in Psychology</i> , 11, 563722.
	Carlucci, L., Fiorenza, E., Mannocchi, C., Nori, F., Brusca, N., Bellanova, O., ... & Balsamo, M. (2025). COVID-19 and its Impact on Sexual Behaviors and Couple Relationship: An Explorative Study on Italian Sample. <i>Sexuality Research and Social Policy</i> , 22(2), 922-936.
	Sergi, M. R., Balsamo, M., Picconi, L., Fermani, A., Bongelli, R., Saggino, A., & Tommasi, M. (2024, April). Multigroup Confirmatory Factor Analysis of the Perceived Quality of Distance Learning. In <i>International Conference on Inclusion, Communication and Social Engagement</i> (pp. 154-164). Cham: Springer Nature Switzerland.
2021-2023	Organic Wine vs Conventional Wine: Multisensory Perception, Psychological Well-being, and Organoleptic Properties of Wine Products.
	The study was conducted in collaboration with the Departments of Psychometrics (Lead: Prof. Saggino), Pharmacology (Lead: Prof. Giuliani), and Gastroenterology (Lead: Prof. Neri), University of Chieti.
	Ministry of Economic Development - Project "VINOSOPHIA" - PON Enterprises and Competitiveness 2014-2020. Resulting Conference Presentation: • Characteristics of taste and stimulating and sedative effects of organic wine. Authors: Marco Tommasi, Simone Arnò, Maria Rita Sergi, Chiara Di Marcantonio, Aristide Saggino. <u>Poster</u>. XXIX Congress of the Italian Psychological Association, Lucca, September 18-20, 2023. Paper: Tommasi, M., Arnò, S., di Marcantonio, C., Picconi, L., Sergi, M. R., & Saggino, A. (2025). Tasting through the lens of the mind: The impact of personality and mental health on wine sensory and psychoactive effects. <i>Current Research in Food Science</i>, 10, 101033.

2020-2023	(U.O. Assistenza Consultoriale Distretto Socio-Sanitario di Maglie – AUSL Lecce. Lead: Dr. Luigi Anchora). Collaborators: Professors Picconi, Saggino, Balsamo, and Tommasi (University of Chieti).	Paper: Tommasi, M., Arnò, S., di Marcantonio, C., Picconi, L., Sergi, M. R., & Saggino, A. (2025). The Cognitive-Emotional Dynamics of Organic Versus Traditional Wines: A Comparative Study. <i>International Journal of Gastronomy and Food Science</i> , 101298.
		Prediction and Measurement of Pre and Postnatal Depression. Resulting Conference Presentation. Assessment and Prediction of Antenatal Depression: A Pilot Study. Authors: Maria Rita Sergi, Marco Tommasi, Laura Picconi, Michela Balsamo, Lavinia Anchora, Aristide Saggino. <u>Oral Presentation</u> , XVIII National Congress of Behavioural and Cognitive Therapy, Naples, September 30 - October 2, 2022.
		Paper: Sergi, M. R., Saggino, A., Balsamo, M., Picconi, L., Anchora, L., & Tommasi, M. (2024). Risk factors of the antenatal depression in a sample of Italian pregnant women: a preliminary study. <i>BMC Pregnancy and Childbirth</i> , 24(1), 689.

VIIB – Research Activities: TRAINING COURSES IN PSYCHOMETRIC FIELD

2010	University of Chieti (Italy)	Workshop focuses on the intelligence theory and EFA/CFA
2011	University of Chieti (Italy)	Course focuses on multivariate statistical techniques
2012	Bertinoro	Summer School: Item Response Theory
2017	University of Padua (Italy)	Metodi di analisi dei dati
2024	Università Cattolica del Sacro Cuore	Valutazione della bontà dell'adattamento nei SEM
2024	Università Cattolica del Sacro Cuore	Il software Jamovi: un'introduzione
2024	Università Cattolica del Sacro Cuore	Introduzione alla meta-analisi

Part VIII – Summary of Scientific Achievements

Product type	Number	Data Base
Papers [international]	26	scopus
Papers [national]	7	scopus
CONFERENCE PROCEEDINGS ABSTRACTS	13	cineca
EDITED VOLUMES	7	cineca
Poster	2	cineca

Total Impact factor	67.968 (SCOPUS)
Total Citations	390 (SCOPUS)
Average Citations per Product	11.81 (SCOPUS)
Hirsch (H) index	12 (SCOPUS)
Normalized H index*	12/12 = 1 (SCOPUS)

*H index divided by the academic seniority.

Part IX– Selected Publications

Sergi, M. R., Saggino, A., Balsamo, M., Picconi, L., Anchora, L., & Tommasi, M. (2024). Risk factors of the antenatal depression in a sample of Italian pregnant women: a preliminary study. *BMC Pregnancy and Childbirth*, 24(1), 689. (2 cit; JIF = 2.8; Q1)

Tommasi, M., Arnò, S., Saggino, A., & Sergi, M. R. (2024). Exploring Parent-Child Traits and Relationship Quality: A Network Study. *The Family Journal*, 32(4), 625-634. (2 cit; JIF = 1.0; Q2)

Altieri, M. & Sergi, M. R., Tommasi, M., Santangelo, G., & Saggino, A. (2023). The efficacy of telephone-delivered cognitive behavioral therapy in people with chronic illnesses and mental diseases: A meta-analysis. *Journal of Clinical Psychology*, 1-32. **Altieri & Sergi Co-Authors**. 10.1002/jclp.23563 (4 cit; JIF = 2.5; Q1)

Sergi, M. R., Picconi, L., Fermani, A., Bongelli, R., Lezzi, S., Saggino, A., & Tommasi, M. (2023). The Mediating Role of Positive and Negative Affect in the Relationship between Death Anxiety and Italian Students' Perceptions of Distance Learning Quality during the COVID-19 Pandemic. *Societies*, 13(7), 163. <https://doi.org/10.3390/soc13070163> (2 cit; JIF = 1.7, Q2)

Sergi, M. R., Picconi, L., Saggino, A., Fermani, A., Bongelli, R., Tommasi, A. (2023). Psychometric properties of a new instrument for the measurement of the Perceived Quality of Distance Learning During the Coronavirus Disease 2019 (COVID-19) Pandemic. *Frontiers in Psychology*, 14,1169957. 10.3389/fpsyg.2023.1169957 (9 cit; JIF = 2.6; Q1)

Sergi, M.R., Picconi, L., Tommasi, M., Saggino, A., Ebisch, S.J., Spoto, A. (2021). The role of gender in the association among the Emotional Intelligence, anxiety and depression. *Frontiers in Psychology*, 12. doi: 10.3389/fpsyg.2021.747702 (17 cit, JIF = 4.232; Q1)

Tommasi, M., Sergi, M. R., Picconi, L., & Saggino, A. (2023). The location of emotional intelligence measured by EQ-i in the personality and cognitive space: Are there gender differences?. *Frontiers in psychology*, 13, 985847. CORRESPONDING AUTHOR (20 cit; JIF = 2.6; Q1)

Picconi, L., Fairfield, B., Sergi, M. R., Cataldi, F., Padulo, C., Brugnera, A., ... & Segal, D. L. (2023). Development and validation of a short form of the Geriatric Anxiety Scale (GAS-12) among Italian older adults. *Clinical Gerontologist*, 46(4), 544-560. (3 cit, JIF = 2.8; Q2)

Fermani, A., Carrieri, A., Picconi, L., Sergi, M.R., Saggino, A. (2020). Sustainable Tourist and Facilities preferences: The Sustainable Tourist Stay Scale (STSS) validation. *Sustainability*, 12(22), 1-14. 10.3390/su12229767 (29 cit, JIF = 3.251; Q3)

Tommasi, M., Arnò, S., di Marcantonio, C., Picconi, L., Sergi, M. R., & Saggino, A. (2025). Tasting through the lens of the mind: The impact of personality and mental health on wine sensory and psychoactive effects. *Current Research in Food Science*, 10, 101033 (0 cit; JIF = 7.0; Q1)

Sergi, M. R.